Table of Contents

Commander, Naval Security Group Command Mission	2
Naval Security Group Activity, Fort Meade Mission and Profile	3
Reporting	
Housing	6
Off-Post Housing	······ 7
Accommodations	8
School Information	9
Child Care Child Care Options, Nanny Services	10
Women, Infants and Children (WIC) Program Share (Self-help and Resource Exchange) Food Stamp Program	11
Navy Family Services Center Programs Information and Referral, Relocation Assistance Program, Exceptional Family Member Program, Transition Assistance Management Program, Spouse Employment Assistance, Family Advocacy Program, Personal Financial Management, Education and Training Program, Counseling Services	12
Medical Services	13
NSGAFM/CNSG 9800 Area Map	14
Quick Reference Telephone Numbers On-post Facilities Schools NSGAFM CNSG	15
National Security Agency Frequently Used Services Directory	16

Commander, Naval Security Group

CNSG's mission is to
perform cryptologic and
related functions, and to exercise
command authority over,
and be responsible for
the primary support
of the shore activities of the
Naval Security Group
as a naval service-wide system
and such other activities
and resources as may
be assigned.

hile codes and ciphers have been used by the Navy since its earliest days, not until the advent of radio communications did they become essential to successful operations.

Thus, it was not until the beginning of the 20th century that the Navy began systematic efforts to secure our own communications and exploit those of our adversaries.

In July 1922, the Navy formally established a cryptologic element, known as OP-20-G, which recognized that the future of cryptology lay in machine cipher systems, rather than in the manually operated strip ciphers that remained significantly unchanged since the 15th century. Coupled with these efforts was the emergence of linguist specialists who translated the Japanese Navy Code.

During the period between the world wars, a handful of Navy and Marine Corps service members trained themselves in cryptologic procedures. The enlisted intercept specialists who trained on the roof of the old Navy Department building in Washington, DC, became known as the "On-the-Roof Gang" and were the core of the vastly expanded effort during World War II.

During the war, Navy cryptologists were successful in breaking the Japanese Naval Code, JN-15b, in time for the Battle of Midway, and were instrumental in providing information for the Fleet Commander to defeat the Japanese fleet. They also broke the Japanese merchant shipping code giving American submarines locations of Japanese ships. By war's end, five-sixths of the Japanese merchant fleet were sunk, and their home islands were in danger of starvation.

In the Atlantic theater, Navy personnel operated the machines dedicated to deciphering the German Enigma-generated message traffic. By late 1943, most German radio communications were an open book to the Allies and the German submarine offensive had been defeated.

The war demonstrated the need for centralized management of signals intelligence while the trend toward increasingly complex technology and more sophisticated equipment continued. This culminated in the establishment of the Naval Security Group in 1950 and the National Security Agency in 1952.

Since the end of the war, the Naval Security Group has continued to support the signals intelligence effort in war, operations other than war, and during dangerous periods in peacetime. The FY-96 move of Headquarters to Fort George G. Meade brings even closer the relationship between the Group and the Agency. While the end of the Soviet Empire has changed the world, it still remains a dangerous place. The need for signals intelligence to support the fleet and the nation continues, and Commander, Naval Security Group, remains dedicated to that effort.

Naval Security Group Activity Fort George G. Meade, Maryland

The mission of the Naval Security
Group Activity is to provide
cryptologic related intelligence
support to the fleet, joint and national
commanders, as well as provide
administrative and personnel support
to Department of the Navy
personnel assigned to
the Fort Meade area.

aval Security Group Activity, Fort
Meade, was established on July 17,
1957, by the Secretary of the Navy, and
is under the auspices of the
Commander, Naval Security Group.
The command, the largest Naval Security Group
Activity, with a complement of over 1,500 officer,
enlisted and civilian personnel, is subject to the area
coordination of Commandant, Naval District
Washington. It is a tenant command serving with the
Fort George G. Meade Garrison.

Since 1957, the founding mission of providing administrative and logistic support has changed significantly to include worldwide intelligence analysis. Two events played a key part in these changes: the establishment, on April 1, 1981, of Classic Paladin-a new initiative designed to satisfy cryptologic direct support requirements by Commander, Naval Security Group, and the disestablishment and reorganization of the Naval Security Group Detachment on Oct. 1, 1981, with the Operations Department now under the cognizance of Commanding Officer, Naval Security Group Activity, Fort Meade, Today, personnel assigned to the activity provide cryptologic and related intelligence support to fleet, joint and national commanders, as well as provide administrative and personnel support to Department of the Navy members assigned to the Fort Meade area.

As the nation's responsibilities change, the command continues growing and increasing its ever-changing mission. The command has responded to every challenge, improving facilities and revising programs providing second-to-none professional leadership. Within the command, there is a highly trained staff to assist personnel in human resources, education, training, career enhancement, medical, family assistance and emergency relief as well as recreational activities.

Predominantly a cryptologic command, other personnel assigned include billets for Data Processing Technician, Aerographer's Mate, Hospital Corpsman, Legalman, Mess Management Specialist, Storekeeper, Master-at-Arms, Religious Program Specialist, Illustrator-Draftsman, Photographer's Mate, Journalist, Hull Technician, Boiler Technician and Navy Counselor.

Reporting

NSGAFM personnel should report first to the Quarterdeck, located in Building 9803, to have their orders endorsed. When reporting during normal duty hours, personnel proceed to the Personnel Support Detachment in Building 4215B, 3rd deck. If reporting after normal duty hours, or on a weekend or holiday, report to PSD at 0730 on the first working day following the day you report aboard. CNSG personnel should first call their Quarterdeck for check-in procedures. It is the policy of NSGAFM and CNSG that arrivals be accompanied by their sponsors for check-in. Welcome Aboard Packages are available at Admin, Building 9805, for those who did not receive one prior to transfer.

Uniform of the Day is required when checking in.

UNIFORMS

The prescribed Uniform of the Day for CNSG/NSGAFM during the winter months is Service Dress Blue. The alternate uniform is Winter Blue, with the Summer Khaki uniform authorized for E-7 and above personnel.

During the summer Summer White for E-7 and above; Service Dress White for E-6 and below. The alternate uniform is Summer Khaki for E-7 and above; Summer White for E-6 and below.

MESSING FACILITIES

If you initially arrive after working hours, present a copy of your orders at the dining facility for service. However, upon check-in, PSD will provide necessary information on use of the House of Four Hats Dining Facility. Rations in Kind and COMRATS cards will also be issued by PSD.

Officers may use the House of Four Hats Dining Facility on an occasional basis, although a floating surcharge will be levied.

POSTAL SERVICE

NSGA maintains a mail room in the BQ. Letter mail is distributed to personal boxes located outside the mail room by 1100, Monday through Friday. UPS shipments can also be delivered to the mail room. A personal mail box and number will be assigned to BQ residents upon arrival. Personnel ordered to Fort Meade, who do not have a permanent home address in this area, must have their personal mail directed to this activity, *NOT* to the National Security Agency. The correct address is:

Name and Rate Naval Security Group Activity Fort Meade, MD 20755-5290

The mail room does not sell stamps or money orders and cannot accept payment for parcel post, postage due, etc. Complete postal services are available at the U.S. Post Office Branch at the main exchange area, and in the branch office located adjacent to the Four Hats Dining Facility.

WATCH BILL

NSGAFM

The Quarterdeck in Building 9803 is maintained by a 24-hour watch consisting of a CDO (E-7 and above), an OOD (E-5/6), and a roving fire and security watch (E-4 and below). Watchstanders are drawn from all departments and comprise a 10 section watchbill.

CNSG

CNSG's Quarterdeck in the OPS 3 Building on Erskine Rd. is maintained by a limited watch from 0600-2100, Monday through Friday. The watch consists of an OOD (E-7, E-8), a JOOD (E-5, E-6) and a CDO (CWO 02-04) less CWO4, on a 24-hour rotating watch. Watchstanders are drawn from CNSG departments and rotate monthly.

FIREARMS

Immediately upon reporting, all privately owned firearms of personnel living in the BQ or in family quarters on Fort Meade must be registered with the Provost Marshal Registration Office, Building 6618, near the MP station on Mapes Rd. The use of air rifles and pistols on the Fort Meade reservation is strictly controlled. Such weapons should only be fired on appropriate ranges. BQ residents will store firearms in the armory, not in the barracks.

TRANSPORTATION

Other than commercial taxi service, public transportation to, from, and around Fort Meade is practically non-existent. There is limited bus service from Baltimore-Washington to Fort Meade. For information and up-to-date schedules, call (410) 539-5000. Taxi fare from BWI Airport to Fort Meade is approximately \$20.

A shuttle bus operates in a round-robin system servicing the 9800 area to the exchange and commissary. Commercial transportation in immediate area includes:

ETC Transportation 410-850-5255
AA Taxi 410-674-6660
Airport Cabs 410-859-1103
S. Arundel Taxi 410-923-8294
Associated Cabs 410-766-1234

NSGA Fort Meade Quarterdeck: 301-677-0217 CNSG Quarterdeck: 240-373-3698

Housing

POST BACHELOR QUARTERS

(for officer and E7 to E9 senior enlisted)

There are permanent bachelor officer and senior enlisted housing accommodations on Ft. Meade through the Post Billeting Office, Brett Hall, Bldg. 4707, Ruffner Rd. Accommodations for permanent personnel consist of 62 bachelor officer housing units and 30 senior enlisted units, each containing a bedroom, living room, private bath and kitchenette. The waiting list is long, ranging from 3 to 18 months. For alternative housing options, visit the Housing Referral Office, Family Housing, Bldg. 4463, at Leonard Wood and Broadfoot Roads. 301-677-2288.

Priority of assignment of bachelor officer and senior enlisted quarters is based primarily on category of personnel and date of application or reservation for quarters. Bachelor Housing operates 24 hours a day. For more information, call 301-677-6529/5884.

NAVY BACHELOR QUARTERS

The Navy's Bachelor Quarters are located in Dickerson and Quick Halls, Building 9803 and 9804. Personnel must report to the BQ office for check-in Monday through Friday 0730-1600. After hours, weekends and holidays, check in with the Quarterdeck for assignment to a temporary room. Member must check in at the BQ Front Desk the next business day.

E4 and below personnel are assigned to a two-person room with a shared bath. E5 and E6 personnel are assigned a one-person room with a shared bath.

All unaccompanied E4 and below personnel will be assigned a room in the BQ. BAH is not authorized.

E5 and E6 personnel are authorized to live off post. Personnel must submit a request chit to draw allowances and entitlements to live off post.

E7 and above are required to live off post.

The air conditioned BQ is centrally located with laundry facilities, TV lounges, day room and vending area on premises.

FAMILY HOUSING

Family quarters are authorized for military personnel in all pay grades for those who are on assignment orders for duty at Ft. Meade. Waiting lists are maintained according to bedroom requirements, the date of departure from your last duty station, and accrued priority credits for duty in restricted non-dependent areas. Waiting lists can be long, but often move quickly. It is suggested you call for information as soon as you receive orders. When you arrive and place your name on the waiting list, it will be effective on the date that you left your last command. When quarters become available only one unit will be offered. If the unit is declined, the sponsor will be placed at the bottom of the waiting list.

— For specific criteria on priority housing, contact Navy Family Service Center's Relocation Assistance Manager at 301-677-6882/3/4.

TEMPORARY LODGING

GUEST HOUSE, Fort Meade

The Fort Meade Guest House (Abrams Hall) operates in a hotel-concept with television, private bath, refrigerator and microwave. Other features include a kitchen and laundry room. For the younger guests, there is a playground behind the building.

Reservations are accepted 30 days in advance. Personnel who are on temporary duty (TDY/TAD) or permanent change of station (PCS) status, either out-processing or in-processing, have precedence. PCS personnel may stay at Abrams Hall seven days when departing here, or 30 days upon arrival. Nightly rates for PCS/TDY/TAD personnel are \$26.75 single and \$30.75 double, plus five dollars for each additional adult. Normal nightly rates are \$30.75 single and \$34.75 double, plus five dollars for extra adults. Unfortunately, the Fort Meade Guest House does not allow pets.

For reservations or additional information, call: 301-672-1929/1975 or 301-677-2045/5560.

COAST GUARD GUEST HOUSE, Curtis Bay

The U. S. Coast Guard has a guest house within commuting distance (approximately 16 miles) of Fort Meade. For additional information, call 410-636-4194.

HOUSEHOLD GOODS

Navy personnel may set up a move or take delivery of their household goods by calling the Joint Personal Property Shipping Office, 800-762-7186. For damage claims or if money is payable to you, Navy personnel must go through the Personal Property Office or Claims at Naval Station Anacostia. DITY moves are also under the auspices of Naval Station Anacostia.

Joint Personal Property Shipping Office, 800-762-7186

Household Goods Claims/POV Claims Office Ft. Meade, 301-677-3961

Household Goods Shipments, 202-433-3562/3564 Claims Office, Anacostia, 202-685-1194

Temporary loan of household goods

Army Community Service, located in Building 3189 on corner of Ernie Pyle and MacArthur Streets, maintains a "Lending Closet" whereby PCS'ing service members and their families may borrow the following household items:

- Loaner Kit includes pots, dishes, silverware, etc.
- Appliance Kit includes coffee maker, iron, toaster
- Folding tables, chairs, futons
- High chairs; play pens, infant car seats.

These items may be borrowed for 30 days. Extensions are granted on a case-by-case basis. ID card and a copy of your PCS orders are required. 301-677-6948.



Off-post Housing: Set Aside Program

Maryland offers a variety of city and country living within commuting distance of Fort Meade. Due to the population density, however, housing is at a premium and rentals are among the highest on the East Coast. Off-base rentals begin at approximately \$675 per month, plus utilities, but average around \$1,000. An agreement between installation officials and several surrounding civilian apartment communities provides service members and their families with affordable housing. The leasing agreement, known as the Fort Meade Set Aside Program, is for apartments and townhouse communities located within 30 minutes driving distance of the installation. The great advantage of this program is the rent is paid by allotment and equals the amounts of your BAQ and VHA entitlements. Other benefits of the program include:

- no deposit, no credit check
- guaranteed availability within 48 hours
- in most units, utilities are included

NSGAFM was instrumental in bringing the Set Aside Program to

MILITARY CLAUSE SAMPLE:

Military personnel are required to contact the housing referral office before entering into a lease or sales agreement. If legal advice is required, contact the Legal Office, Building 9805, at 301-677-0877.

Fort Meade. It is a program that allows the service member to obtain affordable housing and meet the challenges of living in this high cost area. Some of the townhouse and apartment complexes include utilities in the amount they charge. In this event, a Set Aside unit is financially comparable to living on post. Some units accept pets. There are units available in Odenton, Severn, Columbia, Ellicott City and Elkridge, to name a few. For more information on available accommodations, call the Housing Referral Office, 301-677-2288.

MILITARY CLAUSE

As a member of the military, you may be required by orders to move on short notice or be required to move on post. If you enter into a rental agreement, consider the importance of a military clause. It will allow you to terminate a lease or rental agreement if military orders require you to do so. A legal assistance officer can assist you in drafting an appropriate military clause to be included in your lease agreement or to be added to the end of your lease.

Note: Moving pursuant to military orders does not release you from liability under the lease unless there is a clause in the lease similar to the above. Also, this sample clause does not cover the situation if you voluntarily move into government quarters, or if you are leasing only until government quarters become available. For more information, call the NSGA Legal Office at 301-677-0877.

Military Tenant: The tenant is a member of the United States Armed Forces and may terminate this lease on 30 days written notice to the landlord in any of the following events:

- If the tenant receives a permanent change of station orders assigning the tenant to a post, camp, base or station other than the one to which the tenant is currently assigned.
- If the tenant has leased the property prior to arrival in the area and the tenants military orders are changed, assigning the tenant to a different area prior to occupancy of the property.
- If the tenant receives military orders requiring the tenant to move into on-post quarters.
- If the tenant is released from active duty.

If the tenant terminates the lease under this clause and is in compliance with all other terms of the lease, the landlord will refund to the tenant, within a reasonable time after the tenant vacates, any and all security or

within a reasonable time and	Landlord's signature
Tenant's signature	

ACCOMMODATIONS

Establishments or places of business listed are provided as a courtesy and should not be considered complete or construed as an endorsement by CNSG/NSGAFM.

MOTELS

The following listings are within a short distance from Fort Meade.

Knights Inn Route 198 Laurel, MD 20707 301-498-5533

Motel 6 Route 198 Laurel, MD 20707 301-497-1544

Holiday Inn Express 7481 New Ridge Rd. Hanover, MD 2107 410-684-3388

Ramada 9920 Washington Blvd. Laurel, MD 20707 301-498-7750

Holiday Inn/Columbia 7900 Washington Blvd. Jessup, MD 20794 301-596-3366

Holiday Inn/Laurel Route 198 Laurel, MD 20707 301-498-0900

Red Roof Inn 827 Elkridge Landing Rd. Linthicum, MD 21090 410-850-7600 (near FANX complex)

Toll free 800 numbers:

D . III .

Best Western	528-1234
Days Inn	325-2525
Embassy Suites	362-2779
Hilton Hotels	445-8667
Holiday Inn	465-4329
Howard Johnson	654-2000
Hyatt	228-9000
Marriott	228-9290



KENNELS AND PET BOARDING FACILITIES

Cherry Lane Kennels 7218 Cherry Ln. Laurel, MD 301-776-6093

Dogs: \$13 to \$17 per day Cats: \$10 per day Pickup service available

Paradise Kennel 12561 Gunpowder Rd. Beltsville, MD 301-776-6353 Dogs: \$16 to \$21 per day Cats: \$12 per day Pickup service available

The Preston Country Club for Pets 7363 Old Columbia Rd. Columbia, MD 301-596-7387 Dogs: \$17 to \$21 per day Cats: \$11 per day

Pet Salon 204 Obrecht Rd. Millersville, MD 410-647-3505

Dogs: \$10 to \$15 per day Cats: \$9 per day Pickup service available

Huffard Animal Hospital 8073 Ritchie Hwy. Pasadena, MD 410-768-3620 Dogs: \$9 to \$15 per day Cats: \$8 per day

No pickup service available

Armstrong Groom and Board Kennel

Towson, MD 410-296-0484 Dogs: \$10 to \$13 per day Cats: \$8 per day

No pickup service available

LOCAL REALTORS AND INSURANCE

Long and Foster Realty Al 410-551-6600 83

800-287-7114

Pickup service available

Century 21 Moss Realty 410-674-8331

Century 21 301-498-888 800-368-2551 Allstate 8393 Piney Orchard Pkwy., Odenton, MD

410-551-3446

GEICO Annapolis Rd., Odenton, MD

301-621-9016

State Farm

447 Crain Hwy., Glen Burnie, MD

410-766-4484

Annapolis, MD

SHOPPING AREAS (within driving distance)

Laurel Lakes Shopping Center Route 1, Laurel, MD	Larger Shopping Malls
Glen Burnie Mall, Ritchie Highway Glen Burnie, MD	Laurel Center Mall Route 1 Laurel, MD
Odenton Shopping Center, Annapolis Rd. Route 175, Odenton, MD	Columbia Mall
Ridgeview Plaza, Route 175 Harmans, MD	Route 175 Columbia, MD
Maryland City Center, Route 198 Laurel, MD	Annapolis Mall West St. (450 exit from Route 50)

School Information: public, sectarian, private

Anne Arundel, Howard, Prince George's Counties

General Information

There are no tuition fees charged to students living with parents or legal guardians within school boundaries, however, if you live in Anne Arundel County and desire to register your child for school in another county there may be tuition costs involved. Contact the County Board of Education.

Anne Arundel County: 410-222-5000 Prince George's County: 301-952-6023 Howard County: 410-313-7197

Physical exams are required for children participating in Youth Services or school sports programs. Exams are good for one year. A copy of the physical exam should be maintained in your child's redical record to allow immediate participation.

Immunizations: Students in kindergarten, first, second, third, sixth, seventh, eighth and ninth grades must have proof of a second dose of measles and one dose of mumps immunization to enter school. Students needing these immunizations can be seen on a "walk-in" basis at the Immunization Clinic at Kimbrough Ambulatory Care Center from 0730-1130 and 1300-1530, Monday through Friday. For further information, call 301-677-8553. Immunization records are required at time of school registration.

Transportation: The school system provides transportation for students. The school bus schedule is published in local newspapers.

Public School Information

The Meade Feeder System includes nine elementary schools, one middle school and one high school. These schools are governed by the Anne Arundel County Public School System. Three of the elementary schools, the middle school, and the high school are located on Fort Meade and are listed below. They are not Department of Defense Dependent System schools. The other five elementary schools are located off-post in the surrounding communities. On Post schools are:

Manor View Elementary School	410-222-6504
Meade Heights	410-222-6509
Pershing Hill Elementary School	410-222-6519
West Meade Elementary School	410-222-6545
MacArthur Middle School	410-674-0032
Meade Senior High School	410-674-7710

Special Education Information

County Public School Systems offer special education programs for children who are intellectually, emotionally, and/or physically challenged. Placement in these programs is made through a collaborative effort by the neighborhood school team and the Admission, Review and Dismissal Committee at the Division of Special Education for the county. Service members whose children receive special education services should bring the following documents when they PCS: a copy of the child's Individualized Education Plan or Individualized Family Service Plan; a summary of education activities and performance for the current year; medical and diagnostic records maintained by the previous school; school progress reports/report cards; notes to/from school or medical personnel; and homework and classwork samples. This will eliminate any unnecessary delay in identifying services. For further information, call the Exceptional Family Member Program Coordinator at Navy Family Service Center, 301-677-6882/3/4.

Private School Information

There are a number of sectarian and private schools in the surrounding Fort Meade area. A complete list for Anne Arundel, Howard and Prince George's Counties can be obtained from the Relocation Assistance Program at Navy Family Service Center, located in Colony Seven, 301-677-6882/3/4.

Higher education

There are a variety of colleges and universities that offer bachelor, master and doctoral degrees within driving distance of Fort Meade. Specifically, the University of Maryland at College Park, University of Maryland Baltimore Campus (UMBC), Towson University, Johns Hopkins, and Anne Arundel Community College, to name a few.

Several higher education institutions offer courses on post. Once on board, contact the Education Center for guidance on area facilities, level of degrees offered and how to register.

Child are of

AFFORDABLE CHILD CARE IS AT A PREMIUM IN THE FORT MEADE AREA. IF YOU ANTICIPATE THE NEED FOR CHILD CARE — PLAN AHEAD. THERE ARE PROVISIONS FOR PLACING YOUR CHILD ON THE WAITING LIST FOR CHILD CARE BEFORE YOU ACTUALLY ARRIVE. UPON RECEIPT OF ORDERS, CALL (301) 677-7712.

Child Development Services

DSN 923-6312 301-677-6312

Child Development Services offer a system of child care options and alternatives to meet your family needs. Programs include:

- Hourly Care
- · Full-day Care
- Part-day Care
- School-age Program

You may place your child on the waiting list as soon as you receive orders to Fort Meade by calling 301-677-7712 or DSN 923-7712. Although there is a waiting list, you should register your child at Child Development Services in case the need for emergency child care arises. The Child Development Center waiting list priorities are as follows:

- Children of active duty military and DOD civilians assigned to Fort Meade who are single parents
- Children of active duty military and DOD civilians assigned to Fort Meade who are dual working couples or whose spouses are full time students
- Children of active duty military assigned to other installations
- Children of reservists on active duty
- Children of DOD contractors working at Fort Meade

Priority categories are only used on the Excess Demand portion of the waiting list. Excess Demand refers to those individuals to whom no viable child care option in CDS has been offered. At Fort Meade, this usually pertains to children on the list who are under two years of age. The list maintained for children over two are for individuals who have been offered a viable child care option but are waiting for center-based care. The preference for care lists are maintained on a first come, first served basis. It is the patron's responsibility to update their name on the waiting list every three months.

Every effort is made to fill under two years of age openings in Family Child Care homes as quickly as possible. Providers' openings are given to Central Enrollment, at a minimum, on a weekly basis. Referrals for those openings are given to patrons from the Excess Demand list. Providers are asked to call when they have filled these under two spaces so that no more referrals are made. Providers are also encouraged to keep Central Enrollment abreast of future openings so that spaces may be filled with a minimum amount of open time.

Child Care Options

NSA Child Care Referral OPS 1 - Burgin Building National Security Agency 301-688-4283

The Family Care Services Office provides a complete listing of certified day care agencies and providers in Maryland counties free of charge. This list includes providers offering care for shift workers and special needs children.

LOCATE Child Care 410-625-1111/1113

LOCATE Child Care is a statewide computerized child care resource and referral counseling system sponsored by the Maryland Committee for Children, Inc. LOCATE helps parents identify and choose child care best suited to their needs, preferences, and ability to pay. They also offer parents information on regulated center-based care facilities, family day care, nursery schools, child development centers and Head Start programs available throughout the state of Maryland. There is a nominal fee for this service.

Nanny Services

Aupairs 410-465-2961

Choice Nanny 410-730-2229

Elizabeth Cosney Agency (Nannies) 410-323-1700

Establishments or places of business listed are provided as a courtesy and should not be considered an endorsement by CNSG/NSGAFM.

Women, Infants and Children (WIC)

WIC is a national health and nutrition program providing supplements and nutrition counseling to low-to-moderate income, high-risk, pregnant/postpartum women (including those breast feeding, and infants and children under age five. WIC provides milk, eggs, cheese, juice, beans, cereal, infant formula and peanut butter to those who qualify.

To qualify, you must meet the following conditions:

Category

- women, pregnant or postpartum, (up to six months after delivery)
 - infants birth to one year
 - children one to five years old

Medical/Nutritional Risk

— Risk is determined by an assessment of medical condition. The assessment is completed after the residential, categoric and financial criteria have been met.

Residency

— You must reside in the jurisdiction where you apply (county).

Financial Need

- For persons whose household incomes are 185% of the poverty index.

WIC Financial Need Requirement

Household Size Persons	Gross Annual Income
1	\$13,616
2	\$18,204
3	\$22,792
4	\$27,380
5	\$31,968
6	\$36,556
7	\$42,144
8	\$45,588

A WIC office is located on Fort Meade for residents on post. Call 410-222-7272 for assistance.

Off-post residents must apply for WIC in the county in which they live. WIC HOTLINE for addresses and phone numbers of county health departments is 800-421-7376.

SHARE —

Self-Help and Resource Exchange

SHARE is a nationwide self-help food program. It is a network of churches, community groups and other facilities serving as host organizations, which are the community registration and distribution sites. Its purpose is to help everyone stretch their food dollar, and to promote community involvement. SHARE is self-help, not charity or government assistance. There are no income restrictions or other qualifications in order to participate — if you eat, you qualify!

Registration is held in the Community Life Office, Building 4464, on the first Friday of each month, from 1100-1300. 301-677-3626.

- Pay \$14 cash for each SHARE package you purchase
- Volunteer in the community, two hours for each SHARE package you purchase. Volunteer hours may be performed at the SHARE warehouse or in the community.

The SHARE food package includes 2 lbs. turkey roast, 2 lbs. onions, 2 grapefruits, 1 pkg. cole slaw mix, 1 lb. ground turkey, 1 head cabbage, 1 lb. pasta, 1 jar grape jelly, 1 pkg. chicken franks, 5 lbs. potatoes, 1 pkg. english muffins, 1 coffee cake, 2 pkgs. vegetables, 4 lbs. oranges, 3 pkgs. pudding and 1 head lettuce.

Food Stainip Program

The Food Stamp Program is administered by the Department of Agriculture and provides monthly benefits that help low-income households buy the foods that they need for good health.

Closest office that serves Fort Meade is located at 7500 Ritchie Highway, Glen Burnie, Md., 410-508-2100.

Clients are seen on a first come, first served basis beginning at 0830.

	Household	Gross
	Size	Monthly
		Income
	1	\$768
	2	\$1066
	3	\$1335
1	4	\$1604
ļ	5	\$1872
	6	\$2141
	7	\$2410
L	8	\$2678

Navy Family Service Center PROFILE

NFSC offers a variety of assistance programs

The Family Service Center is a direct result of the Chief of Naval Operations' commitment to supporting Navy and Marine Corps personnel and their families. NSGA's Family Service Center is staffed with trained, professional, dedicated people who provide information and assistance. All single and married active duty personnel and their family members, reservists (on extended active duty) and their families, may request assistance. Retired members and DoD civilians and their families may receive assistance on a case by case basis.

Information and Referral (I&R)

The NSGA Family Service Center serves as an information and referral source for the command, civilian and Fort Meade community. The I&R program links personnel and their family members with services both on and off the installation. When appropriate, client advocacy is provided to assist in accessing those services. The I&R program should be the first stop if you have a question or concern and don't know where to turn.

Relocation Assistance Program (RAP)

A major goal of RAP is to educate service members and their families to take charge of their move, manage its challenges and maximize the opportunities the military lifestyle has to offer. Services include: relocation counseling, relocation resource library, emergency services and SITES (computerized welcome aboard information). In addition, community coordination is provided to ensure comprehensive and cohesive services are delivered by all agencies providing relocation related services.

Exceptional Family Member Program (EFMP)

EFMP provides services and resource information for families with special needs. The EFMP coordinator assists service members in the enrollment process and maintains a resource network within the military and civilian community, ensuring the special needs of personnel and their familiars are met.

Transition Assistance Management Program (TAMP)

TAMP was established for personnel and family members who are separating or retiring from military service. TAMP consists of seminars such as resume writing, interview techniques and job search strategies; one-on-one counseling; and job banks.

TAP, a five-day workshop offered under TAMP, consists of skills assessment, job search methods, skills for creating an effective resume and benefits information. TAMP also provides a computer lab with laser printer, fax, and computerized job bank.

Spouse Employment Assistance (SEAP)

One of the biggest challenges facing a Navy spouse is having to search for a new job every two or three years. SEAP provides a variety of services to enhance career planning and continuity. The program offers information on local job and volunteer opportunities, career counseling and referral in addition to seminars and workshops.

Family Advocacy Program (FAP)

This proactive program provides for the education, prevention and treatment of family violence. Trained FSC staff seeks to prevent violence, abuse, and neglect in families, and intervenes protecting vulnerable parties if it does occur. Classes, workshops and information on parenting, couple's communication, and various other subjects promoting wellness within the family are offered.

Personal Financial Management Program(PFMP)

PFMP, a quality of life initiative, is a proactive, long-range comprehensive means of providing high quality training, information, and counseling concerning financial issues to Navy members.

Education and Training Program (E&T)

The goal of E&T is to assist service members and their families in developing and refining skills necessary to thrive within the military lifestyle by providing access to on-post, off-post, military and civilian options for classes, programs, and training designed to enhance operational readiness and quality of life. In addition, E&T maintains a library of printed resources on a myriad of topics promoting strong relationships and healthy families.

Counseling Services

The counseling staff is comprised of caring, certified, and licensed professionals that are experienced with military lifestyles. They provide individual, couples, family, and group counseling. Referrals to community resources are provided when appropriate and necessary. The NFSC maintains an extensive CHAMPUS referral list.

MEDICAL SERVICES

NSGA Medical Department

301-677-6888 Building 9804

Services provided by NSGA Medical

- Act as liaison with Navy and CNSG/NSGA/NSA personnel to ensure processing of consultations and follow-up as necessary.
- Process all civilian medical bills incurred by active duty Navy/Marine Corps personnel.
- Process paperwork ensuring service member is physically qualified to re-enlist, separate or transfer.
- Overseas Screening.
- Maintain tickler system to ensure update of required immunizations and physicals.

Active duty Navy personnel, assigned to Admin, 10, 20, 30 and 40 Department, USMC, CNSG, NIWA, DIA, NSGD, POCG and DINFOS staff medical records are maintained by NSGA Medical Department. For personnel in 60 through 100 Department and RMAC, records are located in the NSA Medical Center, however, redical admin support and services listed above are obtained through NSGA Medical.

Navy/Marine Corps dental records are maintained by the Dental Clinic at Kimbrough Ambulatory Care Clinic.

Mainly an administrative facility, routine clinical services are not held at NSGA, however, the corpsmen provide a list of medical treatment facilities where services can be obtained.

NSA Medical Screening

For CNSG/NSGA personnel, routine screening is held:

NSA OPS 1, 1st floor 301-688-7263/64/65 Monday - Friday

ionday - Friday 0630 - 1500

Urgent and First Care Hours

Available to all personnel, 0630 - 1500 minor illness, injuries Walk-in. No appointment necessary

Military Sickcall

Kimbrough Ambulatory Care Center General Outpatient Clinic

Same-day Patient Appointments Call 301-677-8606/8607 or 410-674-7116 between 0630 -1530



Kimbrough Ambulatory Care Center

Ambulance	911
Information Desk	301-677-8392
Pharmacy Refill	301-677-8209
Champus	301-677-8982
Community Health	301-677-8434
Urgent Care Clinic	301-677-8624
GYN Clinic	301-677-8892
Allergy/Immunization	301-677-8553

Kimbrough is an OUTPATIENT clinic whose services include:

(same day surgery)
Ambulatory Medicine
(general outpatient)
Community Mental Health
Dermatology
Ears, Nose Throat
Audiology
Opthamology
Otolarnygology
Exceptional Family Member Prog.
General Surgery (gynecology)
Immunization/Allergy
Internal Medicine

Ambulatory Care Unit

Optometry
Orthopedic
Podiatry
Pediatrics and Well Baby
Physical Exams
Physical Therapy
Radiology, CAT scan, mammography, X-ray)
Social Services
Substance Abuse and Rehab Travel
Clinic
Urgent Care Clinic
Urology

Emergency: call 911

or go to the closest emergency rooms at Laurel Regional Hospital, Laurel, Md., and North Arundel Hospital, Glen Burnie, Md. Three military hospitals, located in the D.C. area, which offer full services as well as obstetrics include:

National Naval Medical Center, Bethesda, MD

Information: 202-295-2092; OB-GYN: 202-295-4400/4400/4401

Malcolm Grow Medical Center Andrews Air Force Base, Suitland, MD

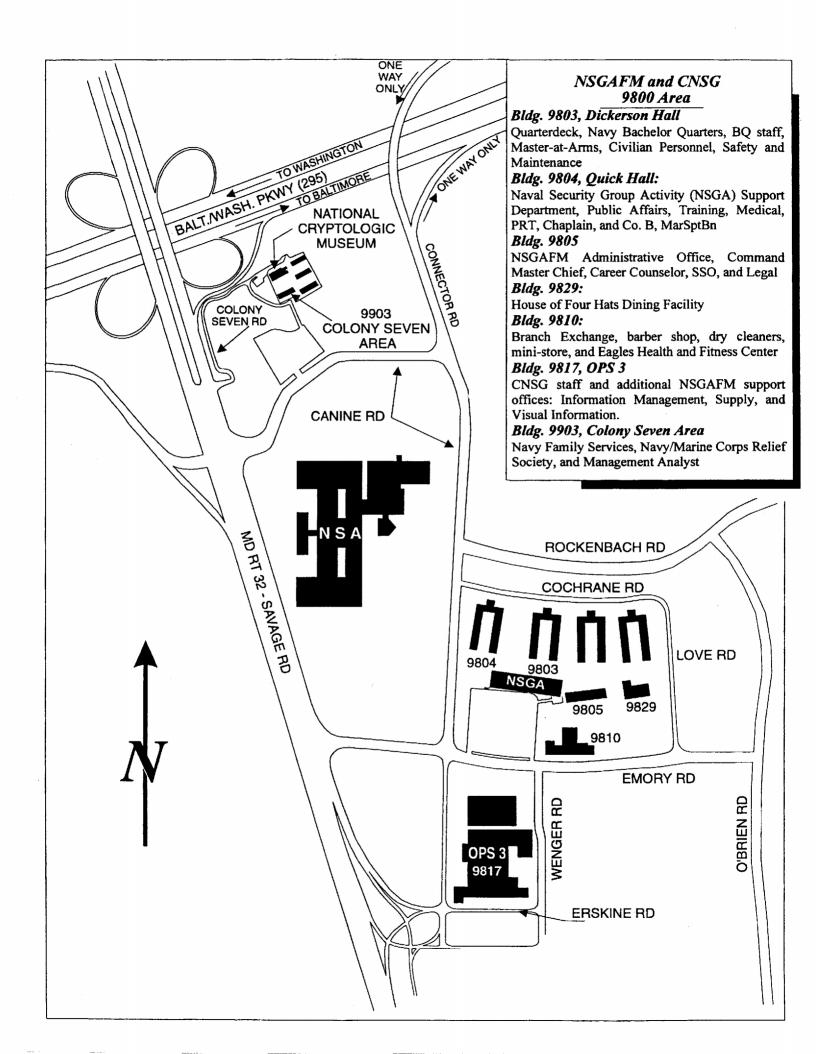
Information: 301-891-591; OB-GYN: 301-981-5879

Walter Reed Army Medical Center, Washington, DC

Information: 202-782-3501; OB-GYN: 202-782-6114

SHUTTLE BUS:

For those patients having appointments at Walter Reed Medical Center, a shuttle bus is available. For scheduled times, call Kimbrough Ambulatory Care Center's information desk, 301-677-8392.



Quick Reference Telephone Numbers

Emergency:		Legal Assistance:
Ambulance	911	NSA Gatehouse 10 688-6533
Military Police	911 or 677-6622	JAG (Army) 677-9504
Airline Tickets	410-674-1325	NSGA 677-0877
Army Community Service	677-5590	Leisure Travel 677-7354
Arts & Crafts	677-7809	Lending Closet 677-6948
		Library 677-4509
Auto Craft Center	677-5542	Murphy Field House 677-3042
Bowling Center Cable TV	677-5541	NSA Operator 688-6311
Child Care Referral	677-7624	Post Office 677-4660
	688-4283	Recycling Center 677-3211
Child Development Services Central Registry	677-7712	Red Cross 410- 674-3110
Main Office	677-6312	Red Closs 410-074-3110
Commissary	677-7364	Schools:
Community Health Nurse	677-8434	Board of Education 410-222-5000
Community Life	677-3626	Meade Senior High 410-674-7710
•	677-3810	MacArthur Middle School 410-674-0032
Community Recreation Officers' Club		Manor View Elementary 410- 222-6504
	677-5358	Meade Heights Elementary 410- 222-6509
Credit Unions FGGM	677-3812	West Meade Elementary 410- 222-6545
Navy Federal	410-266-1167	Pershing Hill Elementary 410- 222-6519
Tower Federal	497-7000	
DIS, Hanover Field Office	410- 768-4440	Snow Closings 688-6711
Education Office	677-6421	Thrift Shop 410- 672-3575
Education Office	077-0421	Veterinary Clinic 677-4751
Exchange:		Youth Services 677-1437
Main Store	674-7170	NSGA Fort Meade
Four Seasons (ext. 5760)	410-674-6896	NSGA Fort Medae
Military Clothing	677-2592	CO/XO 677-0351
Gas Station	410-672-2879	Command Master Chief 677-0827
Dry Cleaner	410-551-3146	Quarterdeck 677-0217
Beauty Shop	410-672-2262	Admin 677-0817
Barber Shop	410-551-2043	Bachelor Quarters 677-0400
Cooper Ave. Mini-shop	410-672-3287	Career Counselor 677-0233
9800 Mini-shop	410-672-1233	Chaplain 677-0306
Zimborski Mini-shop	410-672-2121	CMEO 677-6889
Video Store	410-674-6925	DAPA 677-6886
Gafney Sports Arena	677-3716	Family Services 677-6882/3/4
Golf Course	677-5326	Legal 677-0877
Guest House	677-5660	Medical 677-0489
		Navy/Marine Corps Relief Society 677-6757
Kimbrough Clinic:		Public Affairs 677-0860
Emergency	911	Recreation Services 677-0818
Central Appointment Desk	677-8151	Sponsor Coordinator 677-0352
Pediatrics	677-8755	Training 677-0221
Pharmacy	677-8288	NSGA Fax Number 688-4181
Pharmacy Refill	677-8209	Personnel Support Detachment 677-0188
Housing:		Educational Services 677-0883
Assignment/Term.	677-5816	Disbursing 677-0044
Work Orders	677-1661	
ER Work Orders	677-1629	CNSG Fort Meade, OPS 3
Self-Help	677-9803	Command Master Chief 240-373-3651
		Admin 373-3636
Information Operator	677-6261	Quarterdeck 373-3698
Installation Volunteer Office	677-2491	Career Counselor 373-0233
		CNSG Fax Number 373-3673



National Security Agency

Frequently Used Services Directory

Banking Institutions:

Nations Bank

OPS 1 (next to cafeteria) 301-688-6000 Hours: 8 a.m.-2 p.m. Monday through Friday

Tower Federal Credit Un.

OPS 1 (Gatehouse 4) 301-497-7000 Hours: 7:30 a.m.-4 p.m.

Monday through Friday

OPS 2A (second floor) Hours: 8 a.m.-3 p.m. Monday through Friday

Barber Shop

OPS 1 (Room 1C186) 301-688-7229 Hours: 6 a.m.-3:30 p.m. Monday through Friday

Cafeterias (two locations)

OPS 1 (first floor near escalators) OPS 2A (first floor)

Travel Agency

upper level

Carlson Travel Agency (personal travel) OPS 2A (room 102A,

301-688-6111 Hours: 8 a.m.-4 p. m. Monday through Friday

Center for Military Advancement, Testing, and Training (CMATT)

OPS 1 (cafeteria Room 3) 301-688-6157 Navy: 7:30 a.m.-4 p.m.

Chaplain

OPS 2B (Room 1008) 301-688-7605

OPS 1 (third floor next to Room 3C124) counseling available Hours: 7:15 a.m.-4 p.m. Monday through Friday

Civilian Welfare Office

OPS 2A (second floor) 301-688-7337 Hours: 10 a.m.-1 p.m. Monday through Friday

- Discount tickets for social and sporting events
- Current and future events
- Dining and lodging in area
- Postage stamps
- House & apartment rental listings

Learning Center

OPS 2A (Room 3066A) 301-688-7922

Hours: 7 a.m.-11 p.m. Monday through Friday

Fitness Center

OPS 2B Basement 301-688-5705

Hours: 6 a.m.-7 p.m. Monday through Friday 8 a.m.-noon on Saturday

Low monthly membership fees
State-of-the-art exercise equipment
Trained professional staff
Locker rooms and showers

Clubs and Activities

OPS 1 Bulletin Board near escalator

- -sports, hobbies
- -associations
- —professional/personal interests

Commuter Transportation

OPS 2A - VCC 101 301-688-7565 Hours: 6:30 a.m.-4 p.m. Monday through Friday

- car, van pools
- ride sharing
- bus/local train schedules

Friedman Auditorium

OPS 1 (third floor)

GEBA Insurance

Life/Car/Household OPS 2A (Room 210) 301-688-7912 Hours: 7:30 a.m.-4 p.m.

- disability
- retirement plans
- --- emergency travel benefits

Library

OPS 1 (Room 1S042) 301-688-7581 Hours: 8 a.m.-3 p.m. Monday through Friday

- > Self-paced courses
- > Classes via satellite
- > NCS personal course
- > Testing
- > By-pass tests
- > Modem equipment
- > Working aids

Notary Public

OPS 1 (Room 1W164) 301-688-6551 Hours: 6 a.m.-4 p.m. Monday through Friday

Hqs. (Room 1A154) 301-688-6910 Monday through Thursday

OPS 1 (Room 1W092) 301-688-7267 8 a.m.-4:30 p.m. by appointment

Rite Aid Drug Store Gatehouse 4

301-688-6005 7:30 a.m.-4:30 p.m.

Pharmacy

OPS 1 (Room 1C059) 301-688-6128 7 a.m.-4 p.m. Monday through Friday

Locked out of your car?

OPS 2A (Room 0114)

